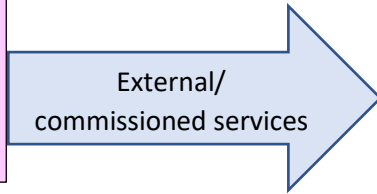



# Mental health support at Shoreditch Park Primary



Shoreditch Park Primary




Place2Be




CAMHS Alliance




The Inclusion Team consider presenting pupil needs and possible referrals during weekly Pupil Welfare meetings.


Claire Deegan is our qualified Senior Mental Health




Laura Serrani is our Mental Health Practitioner. She runs Place2Talk sessions, which are open to all, and delivers medium term 1:1 counselling interventions.



Naddy Chavdarova runs PIPT training for parents/carers who are looking for specialist support in how to develop their parenting skills.



Dr. Zoe Tweedale is our WAMHS Link Professional. She supports staff to think about pupil mental health needs.



Danila De Morais is our Educational Mental Health Practitioner. She works directly with parents and pupils.



Natasha Mattos is our School Counsellor. Natasha works with pupils who need longer-term support around anxiety or emotional wellbeing.

**External services we refer to**

We refer pupils to a wide range of external services to support their mental health and wellbeing including: First Steps, Specialist CAMHS, CAMHS Disability, REU, Young Hackney and Kooth.

**Speech and Language Therapy**

Our Speech and Language Therapists support us to set up interventions relating to emotional regulation such as the Zones of Regulation and Transporters.

